

October 2023

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Sunday Brunch 12p Movie Matinee- 2:30p</p>	<p>2</p> <p>Schnucks/ Walgreens Shopping Trip- 9a ** Knitting Club- 11a Bridge 1P Rosary 3p</p>	<p>3</p> <p>Walgreens Senior Day 9a Body Align- 9:30a Rummikub- 1:00 Bingo -7p</p>	<p>4</p> <p>Doctor Visits - 9a ** Bible Study- 11a Exercise w/ Barb 1:30p</p>	<p>5</p> <p>Flu Shots 9a Walmart/ Walgreens Shopping Trip- 9a ** Yoga - 11 Dominos 1p</p>	<p>6</p> <p>Errand Day ** Tai Chi-10a Bridge 1:00 Artful Expressions 2p</p>	<p>7</p> <p>Rummikub- 1:00p Dinner Meal-5pm Movie Matinee- 6:30p</p>
<p>8</p> <p>Sunday Brunch- 12p Movie Matinee- 2:30p</p>	<p>9</p> <p>Dierbergs/ Walgreens Shopping Trip- 9a ** Knitting Club- 11a Bridge 1p Rosary 3p</p>	<p>10</p> <p>Body Align- 9:30a Rummikub- 1:00 Scrabble 3:00 Bingo -7p</p>	<p>11</p> <p>Doctor Visits - 9a ** Bible Study- 11a Activity Council-12 Exercise w/ Barb 1:30</p>	<p>12</p> <p>Target/ Walgreens Shopping Trip- 9a ** Yoga-11 Dominos 1p</p>	<p>13</p> <p>Current Events 9:00 Tai Chi-10a **Outing- Eckert's Bridge 1:00</p>	<p>14</p> <p>Rummikub- 1:00p Dinner -5p Movie Matinee- 6:30p</p>
<p>15</p> <p>Sunday Brunch- 12p Movie Matinee- 2:30p</p>	<p>16</p> <p>Schnucks/ Walgreens Shopping Trip- 9a ** Knitting Club- 11a Bridge 1P Rosary 3p</p>	<p>17</p> <p>Body Align- 9:30a Rummikub- 1:00 Bingo -7p</p>	<p>18</p> <p>Doctor Visits - 9a ** Bible Study- 11a Exercise w/ Barb 1:30p</p>	<p>19</p> <p>Walmart/ Walgreens Shopping Trip- 9a ** Yoga - 11 Dominos 1p</p>	<p>20</p> <p>Errand Day ** Tai Chi-10a Bridge 1:00 Artful Expressions 2p</p>	<p>21</p> <p>Rummikub- 1:00p Dinner -5p Movie Matinee- 6:30p</p>
<p>22</p> <p>Sunday Brunch- 12p Movie Matinee- 2:30</p>	<p>23</p> <p>Dierbergs/ Walgreens Shopping Trip- 9a ** Knitting Club- 11a Book Club 1p Rosary 3p</p>	<p>24</p> <p>Body Align- 9:30a Rummikub- 1:00 Bingo -7p</p>	<p>25</p> <p>Doctor Visits - 9a ** Bible Study- 11a Exercise w/ Barb 1:30p Dining Council 2p</p>	<p>26</p> <p>Target/ Walgreens Shopping Trip- 9a ** Yoga -11 Dominos 1p</p>	<p>27</p> <p>Current Events- 9a Tai Chi-10a **Outing- Augusta Winery Bridge 1:00</p>	<p>28</p> <p>Rummikub- 1:00p Dinner -5p Movie Matinee- 6:30p</p>
<p>29</p> <p>Sunday Brunch 12p Movie Matinee- 2:30p</p>	<p>30</p> <p>Schnucks/ Walgreens Shopping Trip- 9a ** Knitting Club- 11a Bridge 1P Rosary 3p</p>	<p>31</p> <p>Halloween! Body Align- 9:30a Rummikub- 1:00 Bingo -7p</p>		** = sign up in book		

Birthdays: Residents: Margaret Winter 10/26

Staff: None!

Keep your front door closed to keep your cool air/warm air in your apartment.

LOVE

RESPECT

PATIENCE

Outings: Sign up in book

Eckert's Farm 10/13

Augusta Winery 10/27

Movies on Saturdays at 6:30 pm and Sundays at 2:30 pm.

Please remember to break down boxes prior to placement in the recycle bins/dumpster. That allows for space for all of our recycling materials.

Aluminum, metal, paper, glass and cardboard can all be recycled.

Styrofoam, plastic bags and other plastic packing materials are not recyclable, and should be placed in the trash.

Breakfast served from 7:00 – 9:30 am in the dining room

Dinner Service starts at 5:00 pm