

The Rockwood's January 2019 Activity Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|---|--|
| DR- Dining Room CR- Club Room FR- Family Room Foy- Grand Foyer EX- Exercise Room **- Sign Up in Book | ** If you see a double asterisk next to the event, there is a matching signup sheet in the signup book. Please sign up if you are interested in attending. Please sign up no later than 48 hours before event** | 1 New Year's Day Body Align- 9a- CR No Runs today Rummikub- 2:30- DR SH&Buffet- 4pm- DR Bingo- 6:00p- DR Happy Birthday Alex!! | 2 Dierbrgs/ Wlgrns- 9a** Bible Study- 11a- FR Wii Bowling- 7:30p- FR | 3 Errand Run- 9-11a** Bridge- 12p- DR Forever Fit- 3p- CR Happy Bday Brenda! | 4 First Fridays in Grand Center Galleries- 10** Lunch- Res. Choice | 5 Rummikub- 2:30- DR SH&Buffet- 4p- DR Movie Matinee- 5:15p- FR |
| 6 Brunch- 12pm- DR Movie Matinee- 1:15p- FR | 7 Doctor's Visits- 8a ** Knitting Club- 11a- FR Monday Club- 12:45p** | 8 Body Align- 9a- CR Library/Trader Joes/ W.Mkt/ T.Wine- 10a** Rummikub- 2:30- DR SH&Buffet- 4pm- DR Bingo- 6:00p- DR | 9 Dierbrgs/ Wlgrns- 9a** Bible Study- 11a- FR Jim McClaren performs- 3pm- CR Wii Bowling- 7:30p- FR | 10 Errand Run- 9-11a** Bridge- 12p- DR Forever Fit- 3p- CR | 11 Tai Chi w/Michael 9:30am in Foyer Exploration of Neon Art, Past and Present: Laumeier Sculpture Park & Lunch at Fuddruckers- 10:30a** | 12 Rummikub- 2:30- DR SH&Buffet- 4p- DR Movie Matinee- 5:15p- FR |
| 13 Brunch- 12pm- DR Movie Matinee- 1:15p- FR | 14 Doctor's Visits- 8a ** Knitting Club- 11a- FR Monday Club- 12:45p** | 15 Body Align- 9a- CR Target/Walmart- 10** Rummikub- 2:30- DR SH&Buffet- 4pm- DR Bingo- 6:00p- DR | 16 Dierbrgs/ Wlgrns- 9a** Bible Study- 11a- FR Wii Bowling- 7:30p- FR | 17 Errand Run- 9-11a** Bridge- 12p- DR Forever Fit- 3p- CR | 18 Rescheduled: Mo History Museum Tour and Trolley Ride to lunch at Blueberry Hill- 10a** | 19 Rummikub- 2:30- DR SH&Buffet- 4p- DR Movie Matinee- 5:15p- FR |
| 20 Brunch- 12pm- DR Movie Matinee- 1:15p- FR | 21 MLK, Jr. Day Doctor's Visits- 8a ** Knitting Club- 11a- FR Monday Club- 12:45p** | 22 Body Align- 9a- CR Library/ Aldi's- 10a** Rummikub- 2:30- DR SH&Buffet- 4pm- DR Celebrating Jan. Bdays!! Bingo- 6:00p- DR | 23 Dierbrgs/ Wlgrns- 9a** Bible Study- 11a- FR Wii Bowling- 7:30p- FR | 24 Errand Run- 9-11a** Bridge- 12p- DR Forever Fit- 3p- CR | 25 Tai Chi w/Michael 9:30am in Foyer Craft Day w/ Eric for Snowman making - 2pm and then the Annual Winter Follies Races in the Foyer- 3:30p | 26 Rummikub- 2:30- DR SH&Buffet- 4p- DR Movie Matinee- 5:15p- FR |
| 27 Brunch- 12pm- DR Movie Matinee- 1:15p- FR | 28 Doctor's Visits- 8a ** Knitting Club- 11a- FR Monday Club- 12:45p** | 29 Body Align- 9a- CR Target/ Walmart- 10** Rummikub- 2:30- DR SH&Buffet- 4pm- DR Bingo- 6:00p- DR | 30 Dierbrgs/ Wlgrns- 9a** Bible Study- 11a- FR Wii Bowling- 7:30p- FR Happy Birthday Agnes!! | 31 Errand Run- 9-11a** Bridge- 12p- DR Forever Fit- 3p- CR | | |